Not everyone’s experience with cancer is the same. While there are commonalities, people tend to approach cancer in different ways, face different struggles, and find different ways of coping.

**HELPING PATIENTS FIND THEIR VOICE AT EVERY STEP OF THE JOURNEY**

**NEWLY DIAGNOSED**
- Feeling betrayed by my body
- How do I tell people?
- Should I seek a second opinion?
- How do I connect with an expert and make them part of my care team?

**GAINS**
- Have a plan to move forward
- Assemble my care team
- Know what questions to ask my doctors

**TESTING**
- What tests should I get for my disease?
- When to test and when to re-test?
- How does testing help me get the right diagnosis and treatment?

**TREATMENT & CLINICAL TRIALS**
- What treatment is right for me?
- Is treatment working?
- Anxiety about side effects
- Is there a clinical trial for me?
- When should I consider a clinical trial?

**ACCESS & AFFORDABILITY**
- Understand my treatment goals
- Explore clinical trial opportunities
- Have a plan for managing side effects

**WHOLE PATIENT SUPPORT**
- Who can I talk to?
- How do I find/create a support system
- Depression, anxiety, social isolation

**GAINS**
- Assemble my support system
- Nutrition, wellness, and spiritual support
- Know when to ask for help

**WHAT’S NEXT?**
- Learn to live well with my disease
- Cancer doesn’t define me
- Palliative care

**REFOCUSED HOPE**
- Is it going to come back?
- Going back to work or school
- End of life planning
- How will my family cope if I die?